



Cavendish Pavilion, Field End Road, Eastcote, HA4 9PG

Monday 9.30 - 11.00am with Jackie
Monday 6.15 - 7.45pm with Jackie
Monday 8.00 - 9.30pm with Jackie
Monday 7.45 – 9.15pm with Gilly
Monday 8.00 – 9.30pm with Sapna
Tuesday 8.15 – 9.45pm with Bram
Wednesday 6.15 - 7.45pm with Jackie
Wednesday 8.00 - 9.30pm with Jackie
Thursday 9.30 - 11.00am with Jackie
Thursday 7.30 – 9.00pm with Jackie

Monday 7.45pm class is held at the Fairway, Ruislip Golf Club, W.Ruislip.

Tuesday 8.15pm class is held at St Alban's Church Halls, N.Harrow

All other classes are at the Cavendish Pavilion.

All classes (except Wed 8pm are mixed ability and are suitable for beginners.

The Wednesday 8pm class offers an in-depth study of Yoga for practising students.

Classes are run as a course, which lasts for a school term

Money is payable in advance.

Drop-in is available by arrangement.

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