



*Cavendish Pavilion, Field End Road, Eastcote, HA4 9PG*

**Monday 9.30 - 11.00am** with Jackie Barker

**Monday 6.15 - 7.45pm** with Jackie Barker

**Monday 8.00 - 9.30pm** with Jackie Barker

**Monday 7.45 – 9.15pm** with Gilly Pullem

**Monday 8.00 – 9.30pm** with Sapna

**Tuesday 8.15 – 9.45pm** with Bram

**Wednesday 6.15 - 7.45pm** with Jackie Barker

**Wednesday 8.00 - 9.30pm** with Jackie Barker

**Thursday 9.30 - 11.00am** with Jackie Barker

**Thursday 7.30 – 9.00pm** with Jackie Barker

Monday 7.45pm class is held at the Fairway, Ruislip Golf Club, W.Ruislip.

Tuesday 8.15pm class is held at St Alban's Church Halls, N.Harrow

All other classes are at the Cavendish Pavilion.

All classes (except Wed 8pm are mixed ability and are suitable for beginners.

The Wednesday 8pm class offers an in-depth study of Yoga for practising students.

Classes are run as a course, which lasts for a school term

Money is payable in advance.

Drop-in is available by arrangement.

*Jackie Barker BWY Dip, 14 The Uplands, Ruislip, HA4 8QN*

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